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WILLIAM LAM**

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To Bodhi Meditation Silicon Valley,

On behalf of the City of Milpitas and the City Council, I extend my heartfelt congratulations to the Bodhi Meditation community on the **12th anniversary of the official recognition of August 3rd as Bodhi Meditation Day.**

This day stands as a meaningful tribute to the practice and principles of Bodhi Meditation—promoting peace, health, compassion, and personal transformation. For over a decade, Bodhi Meditation Day has served as a reminder of the profound impact meditation and mindfulness can have on individuals, families, and communities.

The presence of the Bodhi Meditation in Milpitas has enriched our city's cultural and spiritual fabric. Your dedication to physical wellness, mental clarity, and compassionate service is deeply appreciated. In a world that often moves too quickly, your teachings offer the invaluable gifts of stillness, healing, and inner peace.

As we mark this 12-year milestone, we also celebrate the positive energy that Bodhi Meditation continues to foster not only in Milpitas but across the globe. May this anniversary inspire even more people to explore the benefits of meditation and to cultivate balance and kindness in their lives.

Once again, congratulations on this special occasion. We honor your contributions and look forward to continued partnership and shared growth in the years to come.

With respect and admiration,

William Lam
Councilmember, City of Milpitas